

# Mental Health Current Articles Bulletin – February 2024

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Abuse/Violence/Bullying
<p><b>“Older people are weak”:</b> perceptions and meanings of ageing and abuse against older people Dias I et al Frontiers in Sociology 2024 older people</p>
<p><b>‘Yes doesn’t always mean yes, but no means no’:</b> exploring the perceived ambiguities in university students’ experiences of sexual consent Savoise L et al Canadian Journal of Human Sexuality 32 (3) 270-384</p>
<p><b>How are survivors of intimate partner violence and sexual violence portrayed on social media?</b> Taccini F et al Journal of Media Psychology online first Jan 24 how are survivor</p>
<p><b>Feasibility of a reconfigured domestic violence and abuse training and support intervention responding to affected women, men, children and young people through primary care</b> Szilassy E et al BMC Primary Care 15 (1) 1-18</p>

**How to prepare for conversations with children about suspicions of sexual abuse?  
Evaluation of an interactive virtual reality training for student teachers**  
Krause N et al  
Child Abuse and Neglect 149 (Mar) how to prepare

**Disproportionate burden of violence: explaining racial and ethnic disparities in potential years of life lost among homicide victims, suicide descendents and homicide-suicide perpetrators**  
Gregory M et al  
PLoS One 19 (2) 1-28

## Autism

**Co-designing behavioural activation for depression for autistic adolescents: a case series**  
Mohamed Z et al  
CCPP 2024 epub co-designing behavioural activation

**Neuroaffirming services for autistic people**  
Chellappa S  
Lancet Psychiatry 11 (2) 96-97

**Insomnia in children with Autism Spectrum Disorder: A cross-sectional study on clinical correlates and parental stress**  
Bianca B et al  
Journal of Autism and Developmental Disorders 54 (1) 46-55

**Autism Spectrum Disorder and anxiety among transgender youth: use of the Social Communication Questionnaire (SCQ)**  
Clyde A et al  
Journal of Autism and Developmental Disorders 54 (2) 615-627

## Bereavement and Grief

**What bereaved children want to know about death and grief**  
Joy C et al  
Journal of Child and Family studies 33 (2024) 327-337

**Pre-death grief: support for families facing bereavement**  
Allen D  
Nursing Standard 39 (2) 67-70

**Developing a best-practice agenda for music therapy research to support informal carers of terminally ill patients pre- and post-death bereavement: a world café approach**  
McConnell T et al  
BMC Palliative Care 23 (1) 33-48

**In-hospital end-of-life care: an appreciative analysis of bereaved family feedback**

Walker W et al  
BJN 33 (3) 126-131

**Trajectories of insomnia following bereavement**

De Lang T et al  
Sleep Medicine 114 (Feb) 159-166

**Child and Adolescent Issues**

**Relationship between childhood trauma and nonsuicidal self-injury among adolescents with depressive disorder: mediated by negative life events and coping style**

Xie X et al  
Neuropsychiatric Disease and Treatment 19 (2023) 2271-2281

**Ensuring continuity of care for young people transitioning to adult mental health services: issues faced and promising approaches**

Appleton R  
British Journal of Mental Health Nursing 13 (1) continuity of care

**Attention deficit/hyperactivity disorder (ADHD) in children: more focus on care and support, less on diagnosis**

*ADHD diagnoses continue to increase but Luise Kazda and colleagues argue that the push for diagnosis could be hampering access to care and support for children*  
BMJ 384 (8416) attention deficit

**We need more real-world trials like this one  
(Comment on article below)**

Cartwright-Hatton S, Dunn A  
Lancet Psychiatry 11 (3) 161-162

**Digitally augmented, parent-led CBT versus treatment as usual for child anxiety problems in child mental health services in England and Northern Ireland: a pragmatic, non-inferiority, clinical effectiveness and cost-effectiveness randomised controlled trial**

Cresswell C et al  
Lancet Psychiatry 11 (3) 193-209

**Dementia and Alzheimer's Disease**

**The power of a cup of tea: psychosocial interventions in dementia**

Rose T, Spencer-Davies C  
BJCN 29 (2) 68-75

**Cut-off scores for mild and moderate dementia on the Addenbrooke's Cognitive Examination-III and the Mini-Addenbrooke's Cognitive Examination compared with the Mini-Mental State Examination**

McCarthy et al

BJPsych Bulletin 48 (1) 12-18
<p><b>Semantic dementia: a complex and culturally influenced presentation</b>  Cole R et al  BJPsych Bulletin 48 (1) 44-50</p>
<p><b>Improving end-of-life care for people with dementia: a mixed-methods study</b>  Triandafilidis Z et al  BMC Palliative Care 23 (1) 1-12</p>
<p><b>Depression</b></p>
<p><b>The development of psilocybin therapy for treatment-resistant depression: an update</b>  Borissova S, Rucker J  BJPsych Bulletin 48 (1) 38-44</p>
<p><b>Anxiety and depression from childhood to young adulthood: trajectories and risk factors</b>  LoParo D et al  Child Psychiatry and Human Development 55 (1) 127-136</p>
<p><b>An empirical comparison of statistical methods for multiple cut-off diagnostic test accuracy meta-analysis of the Edinburge postnatal scale (EPDS) depression screening tool using published results vs individual participant data</b>  Negeri Z et al  BMC Medical Research Methodology 24 (1) 28-42</p>
<p><b>“Therapy without a therapist?”: The experiences of adolescents and their parents of online behavioural activation for depression with and without therapist support</b>  Grudin R et al  European Child &amp; Adolescent Psychiatry 33 (1) 105-114</p>
<p><b>What treatment outcomes matter in adolescent depression? A Q-study of priority profiles among mental health practitioners in the UK and Chile</b>  Krause K et al  European Child &amp; Adolescent Psychiatry 33 (1) 151-166</p>
<p><b>One in five, not one in 17 youth patients deteriorate during psychotherapy for depression</b>  McAleavey A et al  European Child &amp; Adolescent Psychiatry 33 (1) 315-318</p>
<p><b>Exercise for the treatment of depression</b>  Bellon J  BMJ 384 (8417) exercise</p>

**Effect of exercise for depression: systematic review and network meta-analysis of randomised controlled trials**

Noetel M et al  
BMJ 384 (8417) effect of exercise

**Disorders**

**Why health anxiety needs NICE clinical guidelines**

Bailey R  
Lancet Psychiatry 11 (3) 164-165

**Pharmacological treatments for psychotic depression: a systematic review and network meta-analysis**

Vincenzo O et al  
Lancet Psychiatry 11 (3) 210-220

**What Is Bipolar Disorder?**

*Bipolar disorder is characterized by mood swings ranging from depressive lows to manic highs. Bipolar disorder affects about 8 million people in the US and an estimated 40 million individuals worldwide. Symptoms of bipolar disorder typically start between age 15 to 25 years, often with an initial episode of depression.*

Voelker R  
JAMA Psychiatry online first bipolar disorder

**Eating Disorders**

**Let the body talk: preliminary data of an Open Trial of Dance Movement Therapy for Eating Disorders**

Bastoni I et al  
Journal of Clinical Medicine 13 (1) 5-16

**Physical health metrics are essential for establishing the effectiveness of eating disorder treatment**

Ayton A  
Lancet Psychiatry 11 (2) 95-96

**Development and preliminary validation of a novel eating disorder screening tool for vegetarians and vegans: the V-EDS**

McLean C et al  
Journal of Eating Disorders 12 (1) 1-16

**Treating patients with eating disorders: Guidelines from the American Psychiatric Association**

Practice Guidelines

**Forensic Psychiatry/Psychology**

**Understanding abuse, mental health and substance use: the role of victimization in a jail population**

Kowalski M et al

American Journal of Criminal Justice 48 (6) 1320-1342

**Prisoners with severe mental health needs are too often isolated, say monitoring boards**

*A lack of secure mental health beds in the community means that many prisoners in England are spending long periods in isolation, during which their health and wellbeing deteriorate, a damning report from the Independent Monitoring Boards has found.*

Kmietowicz Z

BMJ 384 (8415) prisoners

**Psychological framework to understand interpersonal violence by forensic patients with psychosis**

Lambe S et al

BJPsych 224 (2) 47-54

**Engaging forensic psychiatry patients in health-care decision making**

Zhao J et al

Lancet Psychiatry 11 (3) 165-167

**Intellectual/Learning Disabilities**

**Psychotropic medicines' prevalence, patterns and effects on cognitive and physical function in older adults with intellectual disability in Ireland: longitudinal cohort study 2009-2020**

Odalovic M et al

BJPsych Open 10 (2) e39

**Health support of people with intellectual disability and the crucial role of support workers**

Nijhof K et al

BMC Health Services Research 24 (1) health support

**Clinical and cost-effectiveness of an adapted intervention for pre-schoolers with moderate to severe intellectual disabilities displaying behaviours that challenge: the EPICC-ID RCT**

Oddruskova T et al

Health Technology Assessment 28 (6) clinical

**Mental Health & Physical Activity**

**Physical activity participation decreases the risk of depression in older adults: the ATHLOS Population-based cohort study**

Lima R et al

Sports Medicine Open 10 (1) physical activity

**Playing for more than winning: exploring sports participation, physical activity and belongingness and their relationship with patterns of adolescent substance use and mental health**

Halladay J et al

Drug and Alcohol Dependence 254 (2024) 111039

**Physical activity interventions to improve mental health and wellbeing in university students in the UK: a service mapping study**

Malagode F et al

Mental Health and Physical Activity 26 (Mar) 100563

## **Mindfulness/wellbeing**

**The impact of gardening on well-being, mental health and quality of life: an umbrella review and meta-analysis**

Pantiru I et al

Systematic Reviews 13 (2024) 1-9

**Mindfulness-based programs sustainable increase mental health: the role of cognitive fusion and mindfulness practice**

Lantheaume S et al

European Review of Applied Psychology, 74, Issue 2, Article 100876

**Effects of combining physical activity with mindfulness on mental health and wellbeing: systematic review of complex interventions**

Remskar M et al

Mental Health and Physical Activity 26 (Mar) 100575

## **Miscellaneous**

**The impact of Covid-19 3 years on: introduction to the 2-23 special issue**

Maunder R et al

General Hospital Psychiatry 86 (Jan) 56-57

**The old psychiatrist at table**

*A poem*

Kravitz R

BJPsych 224 (2) 46

**The Psychological Emptiness Scale: a psychometric evaluation**

Herron S et al

BJPsych Open 10 (2) e42

**Social prescribing: an inadequate response to the degradation of social care in mental health**

Poole R, P

## Professional

### **Burnout in early year medical students: experiences, drivers and the perceived value of a reflection-based intervention**

Prendergast M et al

BMC Medical Education online first 2024 burnout

### **The sexual and gender minority (LGBTQ+) medical trainee: the journey through medical education**

Danckers M et al

BMC Education 24 (2024) sexual and gender minority

### **Experiences and support needs of consultant psychiatrists following a patient-perpetrated homicide**

Hussain Q et al

BJPsych Bulletin 48 (1) 5-11

### **Commissioning framework for mental health inpatient services**

*As well as improving experience and outcomes, this will support people to strengthen their relationships, sense of belonging and connection to local services. Creating this strategic plan and achieving its aims will require strong collaboration, particularly with local authorities and public health, and the harnessing of local information such as that within the Joint Strategic Needs Assessment. This framework summarises the issues the plan will need to address as a minimum.*

NHS England Feb 24

## Self-harm and Suicide

### **Suicide within 1 year of non-fatal overdose: risk factors and risk reduction with medications for opioid use disorder**

Nowels M et al

General Hospital Psychiatry 86 (Jan) 24-32

### **'Am I really the priority here?': help-seeking experiences of university students who self-harmed**

Tickell A et al

BJPsych Open 10 (2) e40

### **Associations between unintentional injuries and deliberate self-harm behaviors of children and adolescents: a school-based cross-sectional survey**

Liu J et al

General Hospital Psychiatry 86 (Jan) 67-74

### **Suicide and safety in mental health annual report: UK patient and general population data 2011-2021**



*This report is based on people aged 10 and above who died by suicide between 2011 and 2021 across all of the UK. In addition to findings in relation to this general population data, it also contains key messages relating to: mental health patient suicides and acute mental health care; suicide by patients following one-off assessment; suicide by autistic people and/or patients with ADHD; suicide by in-patients aged under 25; suicide by students in England and Wales; and patients who died by suicide in public locations. It also shares findings on social and clinical characteristics*  
National Confidential Inquiry into Suicide and Safety in Mental Health (NCISH)

## Therapies/OT in mental health

### **Forest therapy using virtual reality in the older population: a systematic review**

Clemente D et al  
Frontiers in Psychology epub forest therapy

### **Treatment with psychedelics is psychotherapy: beyond reductionism**

Grunder G et al  
Lancet Psychiatry 11 (3) 231-236

### **Acupuncture for combat-related posttraumatic stress disorder; a randomized clinical trial**

Hollifield M et al  
JAMA Psychiatry online first acupuncture

## Veterans and Mental Health

### **Associations between predictors of PTSD and Psychosocial Functioning in veterans: results from a longitudinal assessment study**

Pearson R et al  
Depression and Anxiety 2024 ID 9719536

### **Sleep and pain in veterans with chronic pain: effects of psychological pain treatment and temporal associations**

Wilson M et al  
Psychological Trauma online first Jan 24 moral injury

### **A controlled trial of *adaptive disclosure-enhanced* to improve functioning and treat posttraumatic stress disorder**

*This is a randomized controlled trial (NCT03056157) of an enhanced adaptive disclosure (AD) psychotherapy compared to present-centered therapy (PCT; each 12 sessions) in 174 veterans with posttraumatic stress disorder (PTSD) related to traumatic loss (TL) and moral injury (MI). AD employs different strategies for different trauma types. AD-Enhanced (AD-E) uses letter writing (e.g., to the deceased), loving-kindness meditation, and bolstered homework to facilitate improved functioning to repair TL and MI-related trauma*

Brett Le et al  
Journal of Consulting and Clinical Psychology 92 (3) 150-164

### **Effectiveness of the massed delivery of unified protocol for emotional disorders within an intensive outpatient program for military service members and veterans**

Sherrill A et al  
Psychological Services (Jan 2024) effectiveness

**The effect of companion dog adoption on loneliness in veterans with posttraumatic stress disorder: an exploratory study**

Adler R et al

Traumatology (Feb 2024) companion dog adoption

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